

Breakfast

See breakfast menu boards.
(where available)

Meal Of The Day - £3.40

A homemade, freshly prepared meal of the day. Served with homemade bakery and fruit or a bottle of chilled Welsh water.

Snack Meal Deals - £3.40

Option 1:

Any Grab 'n' Go Snack Options, Pizza/Calzone, Jacket Potato or Soup, Homemade Cookie or Fruit, and a bottle of chilled Welsh water

Option 2:

Any Pasta/Rice/Noodle Pot or Panini, Homemade Cookie or Fruit, and a bottle of chilled Welsh water

Option 3:

Any Value Range Sandwich, Homemade Cookie or Fruit, and a bottle of chilled Welsh water

Salads

- Pasta layered salad **£2.75**
- Premium salad **£2.95**

*See seasonal promotional posters

Pasta/Rice/Noodle Pot ★ - £2.45

A healthy and filling range of pasta, rice or noodles and sauce.

- Add garlic bread **£0.35**

Jacket Potato ★

Oven baked & full of goodness & served with a salad garnish.

- Plain jacket potato **£1.15**
- Filled potato **£2.75**
- Beans & cheese
- Cheese & coleslaw
- Tuna mayo & cheese

Soup ★

Fresh, hot, wholesome & healthy.

- Bowl of soup **£1.55**
- Freshly baked bread roll **£0.35**
- Flora/butter portion **£0.30**

(Bread roll is included in meal deal)

Sandwiches, Baguettes & Wraps

- Standard sandwich **£2.30**
- Premium sandwich **£2.40**
- XL Toasted sandwich **£2.50**
- Filled baguette **£2.95**
- Filled wrap **£2.75**
- Panini **£2.95**

Savouries

- Toast slice **£0.40**
- Toasted bagel **£0.90**
- Bacon OR sausage bap **£1.70**
- Bacon OR sausage bagel **£1.90**
- Cheese & onion pasty **£1.75**
- Bacon & cheese turnover **£1.75**
- Pizza slice/calzone **£1.70**
- Chicken/Quorn burger **£1.70**
- Chicken/Quorn burger with cheese **£1.85**
- Cheese on toast **£1.25**

Sides

- Sauce portion **£0.25**
- Jam & Marmalade portion **£0.25**
- Grated cheese (30g) **£0.90**
- Baked beans **£0.90**
- Curry sauce **£0.50**
- Pasta/rice **£1.15**
- Vegetables of the day **£0.65**
- Potato portion **£2.00**
- Side salad **£1.05**
- Sausage roll **£1.75**

Bakery

- Homemade cookie **£1.05**
- Homemade cakes, muffins & flapjacks **£1.30**
- Homemade dessert & custard **£0.95**
- Branded mini muffins **£0.65**
- Branded cookies, muffins & flapjacks **£1.35**

Fruit & Yogurts

- Fresh fruit item **£0.50**
- Fresh fruit salad **£1.20**
- Fat Free Yogurts **£0.70**
- Yogurt Pots with Fruit Topping **£1.45**

Hot Drinks

Made with our own blend of Fairtrade coffee.
(where available)

- Americano **£1.30**
- Café latte **£1.30**
- Cappuccino **£1.30**
- Mocha **£1.30**
- Tea **£0.95**
- Hot chocolate **£1.30**

Cold Drinks

- Fairtrade juice 200ml **£0.85**
- Fairtrade juice 500ml **£1.45**
- Radnor Fruits Carton **£1.00**
- Welsh bottled water **£1.00**
- Radnor Fizz **£1.10**
- Yazoo milkshake **£1.55**



Allergen information is available on request

www.cardiff.gov.uk/schoolscatering

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